

TRAIL LONGO - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	12,6°C	74%
End	13:09	12,6°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2002	PEDRO BARROS	edv-viana trail	Senior Masculino	01:51:58		04:52
2	2025	Miguel Ferrás	a. d. amarante trail running	Senior Masculino	01:53:19	+01:21	04:56
3	2177	Mário Pinto	lusavouga cidep trail	Senior Masculino	01:54:47	+02:49	04:59
4	2071	Pedro Moreira	clube desportivo feirense	Veterano M45	01:56:41	+04:43	05:04
5	2175	Carlos Vieira	lusavouga cidep trail	Senior Masculino	01:56:43	+04:45	05:05
6	2191	José Meneses	nocturnos de paredes	Veterano M40	01:56:56	+04:57	05:05
7	2088	Alexandre Pereira	individual	Senior Masculino	01:57:28	+05:29	05:06
8	2229	Francisco Castro	individual	Senior Masculino	01:58:18	+06:20	05:09
9	2210	Nuno Nunes	s4l medense fc	Senior Masculino	01:58:44	+06:46	05:10
10	2001	pedro rocha	individual	Senior Masculino	02:01:48	+09:50	05:18
11	2095	Hugo Pinto	individual	Senior Masculino	02:03:51	+11:53	05:23
12	2174	Jorge Costa	linces do marão	Veterano M45	02:05:21	+13:22	05:27
13	2047	Paulo Ribeiro	apúlia a correr	Senior Masculino	02:06:01	+14:02	05:29
14	2056	Antonio Amorim	clube desportivo feirense	Veterano M45	02:06:51	+14:53	05:31
15	2205	André Almeida	s4l medense fc	Senior Masculino	02:08:34	+16:36	05:35
16	2176	Hugo Filipe da Silva Santos	lusavouga cidep trail	Senior Masculino	02:11:51	+19:52	05:44
17	2172	Zé bósnia	leões de tardariz trail	Veterano M50	02:12:35	+20:36	05:46
18	2211	Pedro Viana	s4l medense fc	Senior Masculino	02:12:46	+20:48	05:46
19	2043	Daniel Mendes	amigos 100 limites	Senior Masculino	02:13:07	+21:09	05:47
20	2179	Filipe Daniel carvalho pinho	lusavouga cidep trail	Veterano M40	02:13:18	+21:19	05:48
21	2022	Lucinda Sousa	gondomar futsal clube	Veterana F50	02:13:19	+21:21	05:48
22	2165	Daniel Barros	juventude cortegacense	Senior Masculino	02:14:34	+22:36	05:51
23	2023	Ricardo Pereira	#lobosolitario	Veterano M40	02:14:56	+22:58	05:52
24	2062	Fernando Ribeiro	damira trail team	Veterano M45	02:15:41	+23:43	05:54
25	2123	Paulo Domingues	individual	Veterano M40	02:15:51	+23:52	05:54
26	2055	Márcio Melo	clube desportivo feirense	Veterano M40	02:17:55	+25:57	06:00
27	2053	Ricardo Silva	clube desportivo feirense	Senior Masculino	02:17:56	+25:58	06:00
28	2204	Pedro Barbosa	runriver- escola atletismo rio tinto	Veterano M40	02:18:07	+26:09	06:00
29	2097	Jorge Gonçalves	individual	Senior Masculino	02:18:13	+26:15	06:01
30	2065	Paula Barbosa	edv-viana trail	Veterana F45	02:19:02	+27:03	06:03
31	2181	João António Marques Tavares	lusavouga cidep trail	Veterano M45	02:19:17	+27:19	06:03
32	2044	Fábio Moreira	amigos 100 limites	Senior Masculino	02:19:21	+27:23	06:04
33	2189	José Conceição	mss contabilidade trail team	Senior Masculino	02:20:11	+28:13	06:06
34	2209	Nuno Barros	s4l medense fc	Senior Masculino	02:20:52	+28:53	06:07
35	2131	Alfredo Moreira	individual	Veterano M45	02:23:57	+31:59	06:16
36	2075	Nelson Marques	gaia trail	Veterano M40	02:26:32	+34:34	06:22
37	2169	Ernesto Marques Alves	juventude cortegacense	Veterano M50	02:26:34	+34:36	06:22
38	2054	Rui Lopes Silva	clube desportivo feirense	Senior Masculino	02:26:47	+34:48	06:23
39	2087	Vera Barbosa	individual	Senior Feminino	02:26:53	+34:54	06:23
40	2218	António Rocha	s4l medense fc	Veterano M60	02:27:02	+35:04	06:24
41	2128	Vítor Vieira	individual	Veterano M40	02:29:32	+37:33	06:30
42	2042	Alcino Silva	amigos 100 limites	Senior Masculino	02:30:24	+38:26	06:32

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23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	2104	André Rocha	individual	Sub 23 Masculino	02:50:36	+58:38	07:25
88	2120	Gabriel Oliveira Rodrigues	individual	Veterano M40	02:52:12	+01:00:13	07:29
89	2024	Cláudia Patrícia da Silva Moreira	a. d. amarante trail running	Senior Feminino	02:52:13	+01:00:15	07:29
90	2206	Carlos Azevedo	s4l medense fc	Senior Masculino	02:52:14	+01:00:15	07:29
91	2074	Micael Cunha	gaia trail	Senior Masculino	02:52:15	+01:00:17	07:29
92	2224	Patrícia Palmeira	ultimagem	Veterana F40	02:53:14	+01:01:16	07:32
93	2093	Fábio Almeida	individual	Senior Masculino	02:53:16	+01:01:18	07:32
94	2108	Sofia Ferreira	individual	Veterana F40	02:55:22	+01:03:24	07:38
95	2066	João Araújo	ermentão	Veterano M40	02:55:28	+01:03:29	07:38
96	2153	José Carvalho	individual	Veterano M50	02:56:13	+01:04:15	07:40
97	2096	João Pedro Silva Rodrigues	individual	Senior Masculino	02:56:26	+01:04:28	07:40
98	2129	#RICKY MATIAS#	individual	Veterano M45	02:58:19	+01:06:20	07:45
99	2052	Marlene Ferreira	clube desportivo feirense	Senior Feminino	02:58:19	+01:06:21	07:45
100	2046	João Simões	amigos 100 limites	Senior Masculino	02:58:35	+01:06:37	07:46
101	2079	Elisabete Rocha	gondomar futsal clube	Veterana F45	02:58:42	+01:06:44	07:46
102	2150	Domingos Maurício dos Santos Ferreira	individual	Veterano M50	02:58:44	+01:06:46	07:46
103	2223	Paula Dias	trepatrihos trail team	Veterana F50	02:58:51	+01:06:53	07:47
104	2159	Vitor De Oliveira	individual	Veterano M55	02:59:09	+01:07:11	07:47
105	2195	Carlos Martins	oiãrunners	Veterano M55	02:59:13	+01:07:15	07:48
106	2035	Júlio Sousa	adsebolido trail	Senior Masculino	03:00:39	+01:08:40	07:51
107	2113	Cristina Saraiva	individual	Veterana F55	03:02:09	+01:10:11	07:55
108	2118	Carlos alberto	individual	Veterano M40	03:02:24	+01:10:26	07:56
109	2217	Eugénio Soares	s4l medense fc	Veterano M50	03:02:58	+01:10:59	07:57
110	2133	António Fonseca	individual	Veterano M45	03:03:15	+01:11:17	07:58
111	2207	Daniel Terra	s4l medense fc	Senior Masculino	03:04:02	+01:12:04	08:00
112	2164	Ricardo Seromenho	jam - juventude atlética mozelense	Veterano M40	03:05:23	+01:13:24	08:04
113	2103	Tito Serra	individual	Senior Masculino	03:05:47	+01:13:49	08:05
114	2182	Isabel Mariani	maia runners	Veterana F50	03:07:27	+01:15:29	08:09
115	2183	Bernardino Andrade	maia runners	Veterano M45	03:07:28	+01:15:29	08:09
116	2059	Bruno Sousa	copos e trilhos	Veterano M40	03:07:54	+01:15:55	08:10
117	2225	Lígia Mendes	united team	Veterana F40	03:12:07	+01:20:09	08:21
118	2028	Pedro Pimenta	a.r.sequeirô/destemidos	Veterano M45	03:13:01	+01:21:03	08:24
119	2026	Fátima Marinho	a.r.sequeirô/destemidos	Veterana F40	03:13:02	+01:21:04	08:24
120	2068	Marisa Doreta	fardetas	Veterana F40	03:13:29	+01:21:31	08:25
121	2193	Márcio Filipe da Conceição Ferreira	oiãrunners	Veterano M40	03:14:50	+01:22:52	08:28
122	2039	Ricardo Sousa	adsebolido trail	Veterano M45	03:15:36	+01:23:38	08:30
123	2112	Orlanda Rego	individual	Veterana F50	03:16:01	+01:24:03	08:31
124	2100	Pedro Silva	individual	Senior Masculino	03:16:05	+01:24:06	08:32
125	2157	Rui Paulo	individual	Veterano M50	03:16:05	+01:24:07	08:32
126	2152	José Antunes	individual	Veterano M50	03:17:07	+01:25:09	08:34
127	2032	Hugo Couto	adc santa isabel	Veterano M40	03:18:40	+01:26:42	08:38
128	2033	Fernando Augusto	adc santa isabel	Veterano M45	03:18:41	+01:26:42	08:38
129	2119	Francisco Zenha	individual	Veterano M40	03:18:43	+01:26:44	08:38
130	2203	Filipe Correia	running4fun team viseu	Veterano M50	03:19:24	+01:27:26	08:40

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23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	2202	Benedito Lemos	running4fun team viseu	Veterano M45	03:19:24	+01:27:26	08:40
132	2101	Ruben Santos	individual	Senior Masculino	03:19:30	+01:27:32	08:40
133	2197	Clara Teixeira	os preguiças team	Senior Feminino	03:20:39	+01:28:40	08:43
134	2090	ANTONIO SILVA	individual	Senior Masculino	03:20:44	+01:28:45	08:44
135	2057	José Alves	clube edp - lisboa	Veterano M60	03:21:34	+01:29:36	08:46
136	2115	Margarida neves	individual	Veterana F55	03:23:17	+01:31:19	08:50
137	2050	Rui Airosa	budeguita runners	Veterano M45	03:23:56	+01:31:58	08:52
138	2058	IRENE BARBOSA	copos e trilhos	Veterana F45	03:25:02	+01:33:04	08:55
139	2145	Rui Miguel Silva Almeida Teixeira	individual	Veterano M45	03:27:50	+01:35:52	09:02
140	2111	Duarte Sílvia	individual	Veterana F50	03:27:50	+01:35:52	09:02
141	2198	Sérgio Gomes	os preguiças team	Veterano M45	03:31:10	+01:39:12	09:11
142	2196	João Couto	os finos	Veterano M50	03:31:38	+01:39:39	09:12
143	2140	Pedro Magalhães	individual	Veterano M45	03:31:38	+01:39:40	09:12
144	2091	Bruno Cruz	individual	Senior Masculino	03:32:11	+01:40:13	09:14
145	2184	Luis Cesário Soares Andrade	melres trail running - ordem para arrear	Veterano M45	03:34:52	+01:42:53	09:21
146	2127	Sérgio Mina Gaião	individual	Veterano M40	03:36:59	+01:45:01	09:26
147	2105	Ariana tsou Ferraz Gaião	individual	Veterana F40	03:37:00	+01:45:02	09:26
148	2134	Francisco Ferreira	individual	Veterano M45	03:39:24	+01:47:25	09:32
149	2213	Rui Oliveira	s4l medense fc	Senior Masculino	03:42:56	+01:50:57	09:42
150	2142	Ricardo M Ferreira	individual	Veterano M45	03:46:52	+01:54:53	09:52
151	2147	Antero Cunha	individual	Veterano M50	03:52:10	+02:00:11	10:06
152	2076	FERNANDO SAMPAIO	gd leoes da guarda	Veterano M40	03:53:32	+02:01:33	10:09
153	2073	Ernesto Martins	g.d. leões da guarda - lion runners	Veterano M60	03:53:33	+02:01:34	10:09
154	2186	PAULO FREITAS	milhoteam	Veterano M45	03:53:33	+02:01:34	10:09
155	2185	JORGE CRUZ	milhoteam	Veterano M45	03:53:33	+02:01:35	10:09
156	2072	João Soares	g.d. leões da guarda - lion runners	Veterano M40	03:53:33	+02:01:35	10:09
157	2219	Anabela Sousa	tartarugas de seixezelo	Veterana F40	04:04:15	+02:12:16	10:37
158	2148	António Couto	individual	Veterano M50	04:20:44	+02:28:45	11:20
159	2126	Sérgio Miguel Nogueira Santos	individual	Veterano M40	04:38:37	+02:46:38	12:07

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	12,6°C	74%
End	13:09	12,6°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2087	Vera Barbosa	Individual	Senior Feminino	02:26:53	+34:54	06:23
2	2086	Patrícia Ribeiro	Individual	Senior Feminino	02:31:59	+40:00	06:36
3	2063	Marta Sofia Oliveira da Costa Moreira	Devasta Trilhos	Senior Feminino	02:33:52	+41:53	06:41
4	2084	NATALIYA POPOVA	HSANTAMARIART	Senior Feminino	02:35:25	+43:27	06:45
5	2024	Cláudia Patrícia da Silva Moreira	A. D. Amarante Trail Running	Senior Feminino	02:52:13	+01:00:15	07:29
6	2052	Marlene Ferreira	Clube Desportivo Feirense	Senior Feminino	02:58:19	+01:06:21	07:45
7	2197	Clara Teixeira	Os Preguiças Team	Senior Feminino	03:20:39	+01:28:40	08:43

Senior Masculino

1	2002	PEDRO BARROS	EDV-VIANA TRAIL	Senior Masculino	01:51:58		04:52
2	2025	Miguel Ferrás	A. D. Amarante Trail Running	Senior Masculino	01:53:19	+01:21	04:56
3	2177	Mário Pinto	Lusavouga CIDEP Trail	Senior Masculino	01:54:47	+02:49	04:59
4	2175	Carlos Vieira	Lusavouga CIDEP Trail	Senior Masculino	01:56:43	+04:45	05:05
5	2088	Alexandre Pereira	Individual	Senior Masculino	01:57:28	+05:29	05:06
6	2229	Francisco Castro	Individual	Senior Masculino	01:58:18	+06:20	05:09
7	2210	Nuno Nunes	S4L Medense FC	Senior Masculino	01:58:44	+06:46	05:10
8	2001	pedro rocha	Individual	Senior Masculino	02:01:48	+09:50	05:18
9	2095	Hugo Pinto	Individual	Senior Masculino	02:03:51	+11:53	05:23
10	2047	Paulo Ribeiro	Apúlia a correr	Senior Masculino	02:06:01	+14:02	05:29
11	2205	André Almeida	S4L Medense FC	Senior Masculino	02:08:34	+16:36	05:35
12	2176	Hugo Filipe da Silva Santos	Lusavouga CIDEP Trail	Senior Masculino	02:11:51	+19:52	05:44
13	2211	Pedro Viana	S4L Medense FC	Senior Masculino	02:12:46	+20:48	05:46
14	2043	Daniel Mendes	Amigos 100 Limites	Senior Masculino	02:13:07	+21:09	05:47
15	2165	Daniel Barros	Juventude Cortegacense	Senior Masculino	02:14:34	+22:36	05:51
16	2053	Ricardo Silva	Clube Desportivo Feirense	Senior Masculino	02:17:56	+25:58	06:00
17	2097	Jorge Gonçalves	Individual	Senior Masculino	02:18:13	+26:15	06:01
18	2044	Fábio Moreira	Amigos 100 Limites	Senior Masculino	02:19:21	+27:23	06:04
19	2189	José Conceição	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:20:11	+28:13	06:06
20	2209	Nuno Barros	S4L Medense FC	Senior Masculino	02:20:52	+28:53	06:07
21	2054	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	02:26:47	+34:48	06:23
22	2042	Alcino Silva	Amigos 100 Limites	Senior Masculino	02:30:24	+38:26	06:32
23	2098	Pedro Leal	Individual	Senior Masculino	02:31:25	+39:26	06:35
24	2045	Flávio Teixeira	Amigos 100 Limites	Senior Masculino	02:31:40	+39:42	06:36
25	2078	Miguel Alves	GlobalTrade Imobiliária	Senior Masculino	02:32:06	+40:07	06:37
26	2089	André Marques	Individual	Senior Masculino	02:33:47	+41:49	06:41
27	2222	Paulo Aroso	TEAM LANTEMIL	Senior Masculino	02:34:19	+42:20	06:43
28	2064	Miguel Magalhães	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	02:39:31	+47:32	06:56

Official Timekeeper: Lap2Go	1 / 5	generate 25-set-2022 13:33
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Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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29	2214	Sandro Pinheiro	S4L Medense FC	Senior Masculino	02:39:42	+47:43	06:57
30	2212	Rui Barros	S4L Medense FC	Senior Masculino	02:41:24	+49:26	07:01
31	2036	Roberto Freitas	adsebolido trail	Senior Masculino	02:42:34	+50:35	07:04
32	2099	Pedro Nogueira	Individual	Senior Masculino	02:46:20	+54:21	07:14
33	2206	Carlos Azevedo	S4L Medense FC	Senior Masculino	02:52:14	+01:00:15	07:29
34	2074	Micael Cunha	Gaia Trail	Senior Masculino	02:52:15	+01:00:17	07:29
35	2093	Fábio Almeida	Individual	Senior Masculino	02:53:16	+01:01:18	07:32
36	2096	João Pedro Silva Rodrigues	Individual	Senior Masculino	02:56:26	+01:04:28	07:40
37	2046	João Simões	Amigos 100 Limites	Senior Masculino	02:58:35	+01:06:37	07:46
38	2035	Júlio Sousa	adsebolido trail	Senior Masculino	03:00:39	+01:08:40	07:51
39	2207	Daniel Terra	S4L Medense FC	Senior Masculino	03:04:02	+01:12:04	08:00
40	2103	Tito Serra	Individual	Senior Masculino	03:05:47	+01:13:49	08:05
41	2100	Pedro Silva	Individual	Senior Masculino	03:16:05	+01:24:06	08:32
42	2101	Ruben Santos	Individual	Senior Masculino	03:19:30	+01:27:32	08:40
43	2090	ANTONIO SILVA	Individual	Senior Masculino	03:20:44	+01:28:45	08:44
44	2091	Bruno Cruz	Individual	Senior Masculino	03:32:11	+01:40:13	09:14
45	2213	Rui Oliveira	S4L Medense FC	Senior Masculino	03:42:56	+01:50:57	09:42

Sub 23 Masculino

1	2077	André Lopes	Gens SC Trail	Sub 23 Masculino	02:31:35	+39:37	06:35
2	2104	André Rocha	Individual	Sub 23 Masculino	02:50:36	+58:38	07:25

Veterana F40

1	2224	Patrícia Palmeira	Ultimagem	Veterana F40	02:53:14	+01:01:16	07:32
2	2108	Sofia Ferreira	Individual	Veterana F40	02:55:22	+01:03:24	07:38
3	2225	Lígia Mendes	United Team	Veterana F40	03:12:07	+01:20:09	08:21
4	2026	Fátima Marinho	A.R.Sequeirô/Destemidos	Veterana F40	03:13:02	+01:21:04	08:24
5	2068	Marisa Doreta	Fardetas	Veterana F40	03:13:29	+01:21:31	08:25
6	2105	Ariana tsou Ferraz Gaião	Individual	Veterana F40	03:37:00	+01:45:02	09:26
7	2219	Anabela Sousa	Tartarugas de Seixezelo	Veterana F40	04:04:15	+02:12:16	10:37

Veterana F45

1	2065	Paula Barbosa	EDV-VIANA TRAIL	Veterana F45	02:19:02	+27:03	06:03
2	2079	Elisabete Rocha	GONDOMAR FUTSAL CLUBE	Veterana F45	02:58:42	+01:06:44	07:46
3	2058	IRENE BARBOSA	Copos e trilhos	Veterana F45	03:25:02	+01:33:04	08:55

Veterana F50

1	2022	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	02:13:19	+21:21	05:48
2	2048	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F50	02:37:50	+45:51	06:52
3	2223	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	02:58:51	+01:06:53	07:47

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	2182	Isabel Mariani	Maia runners	Veterana F50	03:07:27	+01:15:29	08:09
5	2112	Orlanda Rego	Individual	Veterana F50	03:16:01	+01:24:03	08:31
6	2111	Duarte Sílvia	Individual	Veterana F50	03:27:50	+01:35:52	09:02

Veterana F55

1	2114	Elisabete Repas	Individual	Veterana F55	02:47:12	+55:13	07:16
2	2113	Cristina Saraiva	Individual	Veterana F55	03:02:09	+01:10:11	07:55
3	2115	Margarida neves	Individual	Veterana F55	03:23:17	+01:31:19	08:50

Veterano M40

1	2191	José Meneses	NOCTURNOS DE PAREDES	Veterano M40	01:56:56	+04:57	05:05
2	2179	Filipe Daniel carvalho pinho	Lusavouga CIDEF Trail	Veterano M40	02:13:18	+21:19	05:48
3	2023	Ricardo Pereira	#lobosolitario	Veterano M40	02:14:56	+22:58	05:52
4	2123	Paulo Domingues	Individual	Veterano M40	02:15:51	+23:52	05:54
5	2055	Márcio Melo	Clube Desportivo Feirense	Veterano M40	02:17:55	+25:57	06:00
6	2204	Pedro Barbosa	RUNRIVER- Escola atletismo Rio Tinto	Veterano M40	02:18:07	+26:09	06:00
7	2075	Nelson Marques	Gaia Trail	Veterano M40	02:26:32	+34:34	06:22
8	2128	Vítor Vieira	Individual	Veterano M40	02:29:32	+37:33	06:30
9	2221	Sérgio Chacim	Taylor's	Veterano M40	02:34:42	+42:43	06:44
10	2201	Hugo Duarte Teixeira	Retorta - Quinta das Arcas	Veterano M40	02:35:01	+43:02	06:44
11	2060	Manuel Barbosa	Copos e trilhos	Veterano M40	02:41:13	+49:15	07:01
12	2200	Filipe Nascimento	Porto Sentido Runners	Veterano M40	02:44:18	+52:20	07:09
13	2166	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M40	02:45:46	+53:48	07:12
14	2180	Nuno Faria	Lusavouga CIDEF Trail	Veterano M40	02:47:40	+55:42	07:17
15	2178	Carlos Alberto Soares Moreira	Lusavouga CIDEF Trail	Veterano M40	02:47:41	+55:43	07:17
16	2120	Gabriel Oliveira Rodrigues	Individual	Veterano M40	02:52:12	+01:00:13	07:29
17	2066	João Araújo	Ermentão	Veterano M40	02:55:28	+01:03:29	07:38
18	2118	Carlos alberto	Individual	Veterano M40	03:02:24	+01:10:26	07:56
19	2164	Ricardo Seromenho	JAM - Juventude Atlético Mozelense	Veterano M40	03:05:23	+01:13:24	08:04
20	2059	Bruno Sousa	Copos e trilhos	Veterano M40	03:07:54	+01:15:55	08:10
21	2193	Márcio Filipe da Conceição Ferreira	OiãRunners	Veterano M40	03:14:50	+01:22:52	08:28
22	2032	Hugo Couto	ADC SANTA ISABEL	Veterano M40	03:18:40	+01:26:42	08:38
23	2119	Francisco Zenha	Individual	Veterano M40	03:18:43	+01:26:44	08:38
24	2127	Sérgio Mina Gaião	Individual	Veterano M40	03:36:59	+01:45:01	09:26
25	2076	FERNANDO SAMPAIO	GD LEOES DA GUARDA	Veterano M40	03:53:32	+02:01:33	10:09
26	2072	João Soares	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	03:53:33	+02:01:35	10:09
27	2126	Sérgio Miguel Nogueira Santos	Individual	Veterano M40	04:38:37	+02:46:38	12:07

Veterano M45

1	2071	Pedro Moreira	Clube Desportivo Feirense	Veterano M45	01:56:41	+04:43	05:04
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Official Timekeeper: Lap2Go	3 / 5	generate 25-set-2022 13:33
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Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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2	2174	Jorge Costa	Linces do Marão	Veterano M45	02:05:21	+13:22	05:27
3	2056	Antonio Amorim	Clube Desportivo Feirense	Veterano M45	02:06:51	+14:53	05:31
4	2062	Fernando Ribeiro	DAMIRA TRAIL TEAM	Veterano M45	02:15:41	+23:43	05:54
5	2181	João António Marques Tavares	Lusavouga CIDEP Trail	Veterano M45	02:19:17	+27:19	06:03
6	2131	Alfredo Moreira	Individual	Veterano M45	02:23:57	+31:59	06:16
7	2136	Hilário Louro	Individual	Veterano M45	02:33:33	+41:35	06:41
8	2171	Dario Cardoso	Leões de Tardariz Trail	Veterano M45	02:34:12	+42:14	06:42
9	2034	Ricardo Rocha	ADC SANTA ISABEL	Veterano M45	02:34:35	+42:37	06:43
10	2190	José Salas	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	02:35:13	+43:14	06:45
11	2139	Nuno Carvalho	Individual	Veterano M45	02:35:19	+43:21	06:45
12	2215	Fernando Rodrigues	S4L Medense FC	Veterano M45	02:35:25	+43:27	06:45
13	2220	Bruno Tavares	Tartarugas de Seixezelo	Veterano M45	02:35:46	+43:47	06:46
14	2132	Amilcar Daniel	Individual	Veterano M45	02:39:29	+47:30	06:56
15	2143	Ricardo Rodrigues	Individual	Veterano M45	02:41:28	+49:29	07:01
16	2135	Francisco Pinheiro	Individual	Veterano M45	02:46:21	+54:23	07:14
17	2027	Armindo Silva	A.R.Sequeirô/Destemidos	Veterano M45	02:46:54	+54:56	07:15
18	2146	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	02:49:01	+57:02	07:21
19	2129	#RICKY MATIAS#	Individual	Veterano M45	02:58:19	+01:06:20	07:45
20	2133	António Fonseca	Individual	Veterano M45	03:03:15	+01:11:17	07:58
21	2183	Bernardino Andrade	Maia runners	Veterano M45	03:07:28	+01:15:29	08:09
22	2028	Pedro Pimenta	A.R.Sequeirô/Destemidos	Veterano M45	03:13:01	+01:21:03	08:24
23	2039	Ricardo Sousa	adsebolido trail	Veterano M45	03:15:36	+01:23:38	08:30
24	2033	Fernando Augusto	ADC SANTA ISABEL	Veterano M45	03:18:41	+01:26:42	08:38
25	2202	Benedito Lemos	Running4Fun Team Viseu	Veterano M45	03:19:24	+01:27:26	08:40
26	2050	Rui Airosa	BUDEGUITA RUNNERS	Veterano M45	03:23:56	+01:31:58	08:52
27	2145	Rui Miguel Silva Almeida Teixeira	Individual	Veterano M45	03:27:50	+01:35:52	09:02
28	2198	Sérgio Gomes	Os Preguiças Team	Veterano M45	03:31:10	+01:39:12	09:11
29	2140	Pedro Magalhães	Individual	Veterano M45	03:31:38	+01:39:40	09:12
30	2184	Luis Cesário Soares Andrade	Melres Trail Running - Ordem para Arrear	Veterano M45	03:34:52	+01:42:53	09:21
31	2134	Francisco Ferreira	Individual	Veterano M45	03:39:24	+01:47:25	09:32
32	2142	Ricardo M Ferreira	Individual	Veterano M45	03:46:52	+01:54:53	09:52
33	2186	PAULO FREITAS	MILHOTEAM	Veterano M45	03:53:33	+02:01:34	10:09
34	2185	JORGE CRUZ	MILHOTEAM	Veterano M45	03:53:33	+02:01:35	10:09

Veterano M50

1	2172	Zé bósnia	Leões de Tardariz Trail	Veterano M50	02:12:35	+20:36	05:46
2	2169	Ernesto Marques Alves	Juventude Cortegacense	Veterano M50	02:26:34	+34:36	06:22
3	2149	ANTONIO SILVA	Individual	Veterano M50	02:36:24	+44:26	06:48
4	2049	José Lopes	AZtrail	Veterano M50	02:38:15	+46:17	06:53
5	2226	José Antonio Alves de Sousa	United Team	Veterano M50	02:38:18	+46:19	06:53
6	2040	Paulo Correia	adsebolido trail	Veterano M50	02:42:33	+50:35	07:04
7	2156	Rui Abreu	Individual	Veterano M50	02:47:45	+55:47	07:18
8	2155	Luis Paulo Teixeira Azevedo	Individual	Veterano M50	02:48:38	+56:39	07:20

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	2153	José Carvalho	Individual	Veterano M50	02:56:13	+01:04:15	07:40
10	2150	Domingos Maurício dos Santos Ferreira	Individual	Veterano M50	02:58:44	+01:06:46	07:46
11	2217	Eugénio Soares	S4L Medense FC	Veterano M50	03:02:58	+01:10:59	07:57
12	2157	Rui Paulo	Individual	Veterano M50	03:16:05	+01:24:07	08:32
13	2152	José Antunes	Individual	Veterano M50	03:17:07	+01:25:09	08:34
14	2203	Filipe Correia	RUNNING4FUN TEAM VISEU	Veterano M50	03:19:24	+01:27:26	08:40
15	2196	João Couto	Os Finos	Veterano M50	03:31:38	+01:39:39	09:12
16	2147	Antero Cunha	Individual	Veterano M50	03:52:10	+02:00:11	10:06
17	2148	António Couto	Individual	Veterano M50	04:20:44	+02:28:45	11:20

Veterano M55

1	2158	Henrique Faria	Individual	Veterano M55	02:44:43	+52:45	07:10
2	2173	António Pinto m50	Leões de Tardariz Trail	Veterano M55	02:50:00	+58:02	07:24
3	2159	Vitor De Oliveira	Individual	Veterano M55	02:59:09	+01:07:11	07:47
4	2195	Carlos Martins	OiãRunners	Veterano M55	02:59:13	+01:07:15	07:48

Veterano M60

1	2218	António Rocha	S4L Medense FC	Veterano M60	02:27:02	+35:04	06:24
2	2162	Fernando Seabra	Individual	Veterano M60	02:33:44	+41:45	06:41
3	2057	José Alves	Clube EDP - Lisboa	Veterano M60	03:21:34	+01:29:36	08:46
4	2073	Ernesto Martins	G.D. Leões da Guarda - LION RUNNERS	Veterano M60	03:53:33	+02:01:34	10:09

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LUSAVOUGA CIDEP TRAIL	3 + 5 + 16	24
2	S4L MEDENSE FC	9 + 15 + 18	42
3	CLUBE DESPORTIVO FEIRENSE	4 + 14 + 26	44
4	AMIGOS 100 LIMITES	19 + 32 + 42	93
5	JUVENTUDE CORTEGACENSE	22 + 37 + 76	135
6	LEÕES DE TARDARIZ TRAIL	17 + 52 + 86	155
7	MSS CONTABILIDADE TRAIL TEAM	33 + 57 + 85	175
8	ADSEBOLIDO TRAIL	72 + 73 + 106	251
9	ADC SANTA ISABEL	54 + 127 + 128	309
10	A.R.SEQUEIRÔ/DESTEMIDOS	79 + 118 + 119	316
11	COPOS E TRILHOS	69 + 116 + 138	323

MINI TRAIL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14°C	72%
End	12:37	14°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1228	Joao Ribeiro	nutrijoja	Senior Masculino	42:22		04:14
2	1006	Paulo Jorge Teixeira Moreira	aliados trail running team	Senior Masculino	42:29	+00:07	04:15
3	1229	Nuno Alves	nutrijoja	Senior Masculino	44:01	+01:38	04:24
4	1098	Gilberto Pimenta	individual	Senior Masculino	44:17	+01:55	04:26
5	1167	Pedro Gilvaz	individual	Veterano M45	44:47	+02:24	04:29
6	1007	Alcino Silva	a. d. amarante trail running	Veterano M45	45:40	+03:17	04:34
7	1049	Bruno Santos	douroconta - gabinete de apoio e contabilidade	Senior Masculino	46:20	+03:58	04:38
8	1021	Antonio nunes	arada atletico clube	Veterano M50	46:40	+04:18	04:40
9	1012	António Gonçalves	amigos 100 limites	Senior Masculino	46:41	+04:19	04:40
10	1223	Bruno Rocha	mss contabilidade trail team	Veterano M40	48:06	+05:44	04:49
11	1307	Pedro Filipe Silva Oliveira	individual	Senior Masculino	50:26	+08:04	05:03
12	1050	Diogo Cardoso	douroconta - gabinete de apoio e contabilidade	Senior Masculino	50:33	+08:11	05:03
13	1040	Paulo Oliveira	clube desportivo feirense	Veterano M40	50:43	+08:21	05:04
14	1097	Gil Freire de Castro	individual	Senior Masculino	51:07	+08:45	05:07
15	1230	Antonio Silva	nutrijoja	Veterano M40	51:10	+08:48	05:07
16	1080	Rui Pedro Reis	hospital santa maria running team	Veterano M40	52:12	+09:50	05:13
17	1153	Paulo Silva	individual	Veterano M40	52:13	+09:50	05:13
18	1193	José Marques	individual	Veterano M55	52:54	+10:32	05:17
19	1122	Diogo Francisco Pereira Soares	individual	Sub 23 Masculino	52:56	+10:34	05:18
20	1264	André Fraga	s4l medense fc	Senior Masculino	53:00	+10:38	05:18
21	1184	Paulo Silva	individual	Veterano M50	53:46	+11:24	05:23
22	1282	Joaquim Cunha	s4l medense fc	Veterano M50	54:35	+12:13	05:28
23	1039	André Batista	clube desportivo feirense	Senior Masculino	54:50	+12:28	05:29
24	1091	António Mendes	individual	Senior Masculino	55:23	+13:01	05:32
25	1038	Pedro Dinis	chapéus de palha	Senior Masculino	55:45	+13:23	05:35
26	1072	Leonel Neves	gens sc trail	Sub 23 Masculino	56:11	+13:48	05:37
27	1065	Helder Martins	gens sc trail	Senior Masculino	56:22	+14:00	05:38
28	1198	Antonio Teixeira	individual	Veterano M60	56:24	+14:02	05:38
29	1003	Laurindo Sarmento	academia soshinkai	Senior Masculino	56:47	+14:25	05:41
30	1150	José Rocha	douroconta - gabinete de apoio e contabilidade	Veterano M40	56:57	+14:35	05:42
31	1213	Ricardo Rocha	lobos da montanha	Senior Masculino	57:20	+14:58	05:44
32	1016	Tiago Mota	amigos 100 limites	Senior Masculino	57:33	+15:11	05:45
33	1093	Claudio Nuno Oliveira da Silva	individual	Senior Masculino	57:34	+15:12	05:45
34	1174	Clemente Teixeira	individual	Veterano M50	57:44	+15:22	05:46
35	1020	João Moreira	amigos 100 limites	Veterano M60	57:50	+15:28	05:47
36	1177	Henrique Silva	individual	Veterano M50	58:06	+15:43	05:49
37	2167	Joao Oliveira	juventude cortegacense	Veterano M45	58:06	+15:44	05:49
38	1124	Ricardo Vieira	individual	Sub 23 Masculino	58:22	+16:00	05:50
39	1296	José Carlos Parente	trilhos de viana	Veterano M55	58:35	+16:13	05:52
40	1114	Rui Mota	individual	Senior Masculino	59:07	+16:45	05:55

MINI TRAIL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1085	Miguel Rocha	individual	Junior Masculino	59:12	+16:50	05:55
42	1079	Miguel Teixeira	gramidense i f c	Veterano M45	59:37	+17:15	05:58
43	1188	Adao bessa	individual	Veterano M55	59:40	+17:18	05:58
44	1069	Nelson Fernandes	gens sc trail	Senior Masculino	01:00:09	+17:47	06:01
45	1173	António Gomes	individual	Veterano M50	01:00:21	+17:59	06:02
46	1191	José Bessa	individual	Veterano M55	01:00:28	+18:06	06:03
47	1046	JOÃO PAULO CAMPOS	ddt runners	Veterano M45	01:00:34	+18:12	06:03
48	1071	Jose Pinto	gens sc trail	Sub 23 Masculino	01:00:59	+18:37	06:06
49	2227	BRUNO PEDROSA	xtrilhosteam	Senior Masculino	01:01:00	+18:38	06:06
50	1163	Nuno Marques	individual	Veterano M45	01:01:00	+18:38	06:06
51	1013	Célio Oliveira	amigos 100 limites	Senior Masculino	01:01:01	+18:39	06:06
52	1004	Constantina Rocha	adsebolido trail	Veterana F50	01:01:18	+18:56	06:08
53	2037	Bruno Barros	adsebolido trail	Veterano M40	01:01:21	+18:59	06:08
54	1168	Pedro González Couto Almeida	individual	Veterano M45	01:01:41	+19:19	06:10
55	1074	Vitor Santos	gens sc trail	Veterano M40	01:01:53	+19:31	06:11
56	1233	Daniela Moutinho	os preguiças team	Senior Feminino	01:02:36	+20:14	06:16
57	1106	Nuno Martins	individual	Senior Masculino	01:02:36	+20:14	06:16
58	1032	Pedro Ribeiro	cart running team	Veterano M40	01:02:40	+20:18	06:16
59	1041	Manuel Gomes	clube desportivo feirense	Veterano M55	01:02:43	+20:21	06:16
60	1169	Rui Moreira	individual	Veterano M45	01:02:55	+20:33	06:18
61	1084	Gonçalo Moreira	individual	Junior Masculino	01:02:56	+20:34	06:18
62	1265	João Teles	s4l medense fc	Senior Masculino	01:03:12	+20:49	06:19
63	1298	Telma Sousa	trilhos e cadilhos	Senior Feminino	01:03:16	+20:54	06:20
64	1258	João Gomes	run & fun	Veterano M50	01:03:19	+20:57	06:20
65	1219	Joaquim Ribeiro	maisrunning	Senior Masculino	01:03:32	+21:10	06:21
66	1226	Ricardo Dias	mss contabilidade trail team	Veterano M45	01:03:33	+21:11	06:21
67	1105	Nuno Lourenço	individual	Senior Masculino	01:03:33	+21:11	06:21
68	1280	Pedro Ferreira	s4l medense fc	Veterano M45	01:03:35	+21:13	06:22
69	2170	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M60	01:03:51	+21:29	06:23
70	1158	Francisco da Rocha Soares	individual	Veterano M45	01:04:02	+21:40	06:24
71	1104	Nuno Almeida	individual	Senior Masculino	01:04:03	+21:41	06:24
72	1118	Tiago Pereira	individual	Senior Masculino	01:04:20	+21:58	06:26
73	1166	Pedro Carvalho	individual	Veterano M45	01:04:35	+22:12	06:28
74	1077	Margarida Oliveira	gondomar futsal clube	Veterana F50	01:04:55	+22:32	06:30
75	1139	Madalena Gonçalves	individual	Veterana F50	01:04:56	+22:34	06:30
76	1119	Vitor Dias	individual	Senior Masculino	01:05:00	+22:37	06:30
77	1211	Luís Martins	leões de tardariz trail	Veterano M40	01:05:01	+22:39	06:30
78	1208	Maria Jesus	leões de tardariz trail	Veterana F45	01:05:16	+22:54	06:32
79	1023	JOÃO TEIXEIRA	athlon runners	Veterano M40	01:05:18	+22:56	06:32
80	1087	carla Martins	individual	Senior Feminino	01:05:20	+22:58	06:32
81	1096	Fábio Campos	individual	Senior Masculino	01:05:21	+22:58	06:32
82	1266	Marco Barros	s4l medense fc	Senior Masculino	01:05:44	+23:22	06:34
83	2110	Rafaela Soares	individual	Senior Feminino	01:05:45	+23:23	06:35
84	1056	Margarida Teixeira	fridão sem limites	Juvenil Feminino	01:05:51	+23:29	06:35
85	1273	Susana Silva	s4l medense fc	Veterana F40	01:06:02	+23:40	06:36

MINI TRAIL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1277	Ivo Oliveira	s4l medense fc	Veterano M40	01:06:02	+23:40	06:36
87	1284	Ana Oliveira	sob efeito trail	Senior Feminino	01:06:09	+23:47	06:37
88	1048	PAULO FERREIRA	ddt runners	Veterano M45	01:06:09	+23:47	06:37
89	1159	Joaquim Pacheco	individual	Veterano M45	01:06:10	+23:48	06:37
90	1303	Bruno Almeida	unstoppable team	Senior Masculino	01:06:24	+24:02	06:38
91	1215	Joana Isabel Pinho Soares	lusavouga cidep trail	Senior Feminino	01:06:34	+24:12	06:39
92	1199	Carlos Macedo	individual	Veterano M60	01:06:35	+24:13	06:40
93	1216	Sandra Manuela da Silva	lusavouga cidep trail	Veterana F40	01:06:36	+24:14	06:40
94	1053	Manuel Silva	ermentão	Veterano M55	01:07:01	+24:39	06:42
95	1195	Manuel Carvalho Guedes	individual	Veterano M55	01:07:13	+24:51	06:43
96	1014	Claude Pinto	amigos 100 limites	Senior Masculino	01:07:34	+25:12	06:45
97	1201	JOSE ROCHA	individual	Veterano M60	01:07:51	+25:29	06:47
98	1052	Marco Castro	douroconta - gabinete de apoio e contabilidade	Veterano M50	01:07:52	+25:30	06:47
99	1261	Benedita Ferreira	s4l medense fc	Senior Feminino	01:08:00	+25:38	06:48
100	1218	Carlos Fernando Leite Pinto	lusos xxi	Senior Masculino	01:08:01	+25:38	06:48
101	1268	Marcos Santos	s4l medense fc	Senior Masculino	01:08:01	+25:39	06:48
102	1251	Cristina tininha	run & fun	Veterana F50	01:08:29	+26:07	06:51
103	1257	Zé Pedro	run & fun	Veterano M45	01:08:29	+26:07	06:51
104	1057	Eliana Teixeira	fridão sem limites	Senior Feminino	01:08:31	+26:09	06:51
105	1172	Amandio Sousa	individual	Veterano M50	01:08:32	+26:10	06:51
106	1176	Fernando Borges	individual	Veterano M50	01:08:35	+26:13	06:52
107	1017	Patrícia Conceição	amigos 100 limites	Veterana F40	01:08:36	+26:13	06:52
108	1022	DENIS QUADROS	athlon runners	Veterano M40	01:08:36	+26:13	06:52
109	1135	Lucinda Marques	individual	Veterana F45	01:08:38	+26:16	06:52
110	1186	RUI FERNANDO SILVA CARNEIRO	individual	Veterano M50	01:08:43	+26:21	06:52
111	1196	Paulo Alberto da Silva Teixeira	individual	Veterano M55	01:08:44	+26:22	06:52
112	1113	Ruben Moreira	individual	Senior Masculino	01:09:11	+26:49	06:55
113	1108	Nuno Silva	individual	Senior Masculino	01:09:12	+26:49	06:55
114	1148	Frederico Guimarães	individual	Veterano M40	01:09:13	+26:51	06:55
115	1101	João Carvalhosa	individual	Senior Masculino	01:09:19	+26:57	06:56
116	1103	JOAO VITOR CAMPOS MOREIRA	individual	Senior Masculino	01:09:26	+27:04	06:57
117	1068	Mário Santos	gens sc trail	Senior Masculino	01:09:44	+27:21	06:58
118	1293	Paulo Sousa	team anti-varizes	Senior Masculino	01:09:53	+27:31	06:59
119	1249	Alexandra Ferreira	run & fun	Veterana F40	01:10:09	+27:46	07:01
120	1256	MIKE MIKE	run & fun	Veterano M45	01:10:10	+27:48	07:01
121	1152	Nuno Teixeira	individual	Veterano M40	01:10:21	+27:59	07:02
122	1192	JOSE FERNANDO DA SILVA FERREIRA	individual	Veterano M55	01:10:26	+28:04	07:03
123	1160	Luis Filipe Barreiras Rasquinho	individual	Veterano M45	01:10:56	+28:34	07:06
124	1011	Amílcar Sanguedo	amigos 100 limites	Senior Masculino	01:11:02	+28:39	07:06
125	1107	Nuno Pereira	individual	Senior Masculino	01:11:10	+28:48	07:07
126	1175	eduardo castro	individual	Veterano M50	01:11:16	+28:54	07:08
127	1067	João Silva	gens sc trail	Senior Masculino	01:11:18	+28:56	07:08
128	1178	João Sousa Teixeira	a.d.nós acreditamos	Veterano M50	01:11:25	+29:03	07:09

MINI TRAIL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1111	Rafael Silva	individual	Senior Masculino	01:36:05	+53:43	09:37
220	1137	Carla Regina Moreira	individual	Veterana F50	01:37:08	+54:46	09:43
221	1140	Vera Gomes	individual	Veterana F50	01:37:08	+54:46	09:43
222	1035	Gabriela Phalempin	chapéus de palha	Senior Feminino	01:37:46	+55:24	09:47
223	1029	Isabel Ferreira	budeguita runners	Veterana F45	01:37:48	+55:26	09:47
224	1031	Jorge Aquaman	budeguita runners	Veterano M45	01:37:53	+55:30	09:47
225	1030	Pedro Airosa	budeguita runners	Veterano M40	01:37:59	+55:37	09:48
226	1161	Luis Ribeiro	individual	Veterano M45	01:39:52	+57:30	09:59
227	1182	Manuel Jorge Nogueira da Silva	individual	Veterano M50	01:40:58	+58:36	10:06
228	1190	João Paulo de Almeida Santana	individual	Veterano M55	01:40:58	+58:36	10:06
229	1009	Nádia Fernandes	amigos 100 limites	Senior Feminino	01:43:13	+01:00:51	10:19
230	1019	Nélson Fernandes	amigos 100 limites	Veterano M40	01:43:13	+01:00:51	10:19
231	1263	Lia Oliveira	s4l medense fc	Senior Feminino	01:44:49	+01:02:27	10:29
232	1241	Paulo Daniel Tavares Soares Correia	paulo correia clinic/4arrobas&1quintal	Veterano M40	01:45:53	+01:03:31	10:35
233	1240	Tânia Melissa Duarte Santos	paulo correia clinic/4arrobas&1quintal	Senior Feminino	01:45:53	+01:03:31	10:35
234	1128	Elsa Azevedo	individual	Veterana F40	01:46:01	+01:03:39	10:36
235	1043	NORMA GUEDES	ddt runners	Veterana F40	01:46:14	+01:03:52	10:37
236	1044	BRUNO CARDOSO	ddt runners	Veterano M40	01:46:15	+01:03:53	10:38
237	1243	José Pires Lima	pernas obertes	Veterano M60	01:46:37	+01:04:15	10:40
238	1242	Rosa Bispo	pernas obertes	Veterana F60	01:46:37	+01:04:15	10:40
239	1131	Anabela Pais	individual	Veterana F45	01:47:11	+01:04:48	10:43
240	1157	Filipe Carlos Guerra Ferreira Salazar	individual	Veterano M45	01:49:01	+01:06:39	10:54
241	1127	Cristina Gonzalez	individual	Veterana F40	01:49:16	+01:06:54	10:56
242	1126	Carla Belo	individual	Veterana F40	01:49:18	+01:06:56	10:56
243	1027	Catarina Ramalho	black bulls	Veterana F40	01:54:01	+01:11:39	11:24
244	1028	Paulo Paiva	black bulls	Veterano M45	01:54:02	+01:11:40	11:24
245	1121	Maria Inês Correia	individual	Sub 23 Feminino	01:54:51	+01:12:29	11:29
246	1183	Paulo Correia	individual	Veterano M50	01:54:52	+01:12:30	11:29
247	1297	Liliana Silva	trilhos e cadilhos	Senior Feminino	01:55:03	+01:12:40	11:30
248	1299	Carmen Silva	trilhos e cadilhos	Veterana F40	01:55:03	+01:12:41	11:30
249	1300	Catarina Martins	trilhos e cadilhos	Veterana F45	01:55:04	+01:12:41	11:30
250	1034	Carla Sofia Sousa Pinto	chapéus de palha	Senior Feminino	02:22:05	+01:39:43	14:13
251	1033	Carina Andreia Quintas nogueira Cardoso	chapéus de palha	Senior Feminino	02:22:06	+01:39:44	14:13
252	1262	Joana Pinto Osório	s4l medense fc	Senior Feminino	02:34:45	+01:52:23	15:29

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14°C	72%
End	12:37	14°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	1085	Miguel Rocha	Individual	Junior Masculino	59:12	+16:50	05:55
2	1084	Gonçalo Moreira	Individual	Junior Masculino	01:02:56	+20:34	06:18

Juvenil Feminino

1	1056	Margarida Teixeira	Fridão Sem Limites	Juvenil Feminino	01:05:51	+23:29	06:35
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Juvenil Masculino

1	1245	Rodolfo Oliveira Rangel	Rangel Inc	Juvenil Masculino	01:19:14	+36:52	07:55
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Senior Feminino

1	1233	Daniela Moutinho	Os Preguiças Team	Senior Feminino	01:02:36	+20:14	06:16
2	1298	Telma Sousa	Trilhos e Cadilhos	Senior Feminino	01:03:16	+20:54	06:20
3	1087	carla Martins	Individual	Senior Feminino	01:05:20	+22:58	06:32
4	2110	Rafaela Soares	Individual	Senior Feminino	01:05:45	+23:23	06:35
5	1284	Ana Oliveira	Sob Efeito Trail	Senior Feminino	01:06:09	+23:47	06:37
6	1215	Joana Isabel Pinho Soares	Lusavouga CIDEF Trail	Senior Feminino	01:06:34	+24:12	06:39
7	1261	Benedita Ferreira	S4L Medense FC	Senior Feminino	01:08:00	+25:38	06:48
8	1057	Eliana Teixeira	Fridão Sem Limites	Senior Feminino	01:08:31	+26:09	06:51
9	1063	Regina Silva	Gens SC Trail	Senior Feminino	01:13:51	+31:29	07:23
10	1214	Ana Soraia Freitas Sousa	Lusavouga CIDEF Trail	Senior Feminino	01:15:47	+33:25	07:35
11	1207	Patrícia Sá	Leões de Tardariz Trail	Senior Feminino	01:16:02	+33:40	07:36
12	58	Bruna Peixoto	GDCTUnicre	Senior Feminino	01:17:06	+34:44	07:43
13	1008	Marina Moreira	Amigos 100 Limites	Senior Feminino	01:20:20	+37:58	08:02
14	1086	Ana Marques	Individual	Senior Feminino	01:23:13	+40:51	08:19
15	1302	Susana Paupério	unstoppable team	Senior Feminino	01:24:06	+41:44	08:25
16	1064	Sara Rodrigues	Gens SC Trail	Senior Feminino	01:25:51	+43:29	08:35
17	1060	Daniela Moreira	Gens SC Trail	Senior Feminino	01:27:16	+44:53	08:44
18	1062	Juliana Moreira	Gens SC Trail	Senior Feminino	01:27:16	+44:54	08:44
19	1301	Carolina Silva	unstoppable team	Senior Feminino	01:33:57	+51:35	09:24
20	1035	Gabriela Phalempin	Chapéus De Palha	Senior Feminino	01:37:46	+55:24	09:47
21	1009	Nádia Fernandes	Amigos 100 Limites	Senior Feminino	01:43:13	+01:00:51	10:19
22	1263	Lia Oliveira	S4L Medense FC	Senior Feminino	01:44:49	+01:02:27	10:29
23	1240	Tânia Melissa Duarte Santos	Paulo Correia Clínic/4Arrobos&1Quintal	Senior Feminino	01:45:53	+01:03:31	10:35
24	1297	Liliana Silva	Trilhos e Cadilhos	Senior Feminino	01:55:03	+01:12:40	11:30

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	1034	Carla Sofia Sousa Pinto	Chapéus De Palha	Senior Feminino	02:22:05	+01:39:43	14:13
26	1033	Carina Andreia Quintas nogueira Cardoso	Chapéus De Palha	Senior Feminino	02:22:06	+01:39:44	14:13
27	1262	Joana Pinto Osório	S4L Medense FC	Senior Feminino	02:34:45	+01:52:23	15:29

Senior Masculino

1	1228	Joao Ribeiro	NUTRILOJA	Senior Masculino	42:22		04:14
2	1006	Paulo Jorge Teixeira Moreira	Aliados Trail Running Team	Senior Masculino	42:29	+00:07	04:15
3	1229	Nuno Alves	NUTRILOJA	Senior Masculino	44:01	+01:38	04:24
4	1098	Gilberto Pimenta	Individual	Senior Masculino	44:17	+01:55	04:26
5	1049	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	46:20	+03:58	04:38
6	1012	António Gonçalves	Amigos 100 Limites	Senior Masculino	46:41	+04:19	04:40
7	1307	Pedro Filipe Silva Oliveira	Individual	Senior Masculino	50:26	+08:04	05:03
8	1050	Diogo Cardoso	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	50:33	+08:11	05:03
9	1097	Gil Freire de Castro	Individual	Senior Masculino	51:07	+08:45	05:07
10	1264	André Fraga	S4L Medense FC	Senior Masculino	53:00	+10:38	05:18
11	1039	André Batista	Clube Desportivo Feirense	Senior Masculino	54:50	+12:28	05:29
12	1091	António Mendes	Individual	Senior Masculino	55:23	+13:01	05:32
13	1038	Pedro Dinis	Chapéus De Palha	Senior Masculino	55:45	+13:23	05:35
14	1065	Helder Martins	Gens SC Trail	Senior Masculino	56:22	+14:00	05:38
15	1003	Laurindo Sarmento	Academia Soshinkai	Senior Masculino	56:47	+14:25	05:41
16	1213	Ricardo Rocha	Lobos da Montanha	Senior Masculino	57:20	+14:58	05:44
17	1016	Tiago Mota	Amigos 100 Limites	Senior Masculino	57:33	+15:11	05:45
18	1093	Claudio Nuno Oliveira da Silva	Individual	Senior Masculino	57:34	+15:12	05:45
19	1114	Rui Mota	Individual	Senior Masculino	59:07	+16:45	05:55
20	1069	Nelson Fernandes	Gens SC Trail	Senior Masculino	01:00:09	+17:47	06:01
21	2227	BRUNO PEDROSA	Xtrilhosteam	Senior Masculino	01:01:00	+18:38	06:06
22	1013	Célio Oliveira	Amigos 100 Limites	Senior Masculino	01:01:01	+18:39	06:06
23	1106	Nuno Martins	Individual	Senior Masculino	01:02:36	+20:14	06:16
24	1265	João Teles	S4L Medense FC	Senior Masculino	01:03:12	+20:49	06:19
25	1219	Joaquim Ribeiro	MaisRunning	Senior Masculino	01:03:32	+21:10	06:21
26	1105	Nuno Lourenço	Individual	Senior Masculino	01:03:33	+21:11	06:21
27	1104	Nuno Almeida	Individual	Senior Masculino	01:04:03	+21:41	06:24
28	1118	Tiago Pereira	Individual	Senior Masculino	01:04:20	+21:58	06:26
29	1119	Vitor Dias	Individual	Senior Masculino	01:05:00	+22:37	06:30
30	1096	Fábio Campos	Individual	Senior Masculino	01:05:21	+22:58	06:32
31	1266	Marco Barros	S4L Medense FC	Senior Masculino	01:05:44	+23:22	06:34
32	1303	Bruno Almeida	unstoppable team	Senior Masculino	01:06:24	+24:02	06:38
33	1014	Claude Pinto	Amigos 100 Limites	Senior Masculino	01:07:34	+25:12	06:45
34	1218	Carlos Fernando Leite Pinto	LUSOS XXI	Senior Masculino	01:08:01	+25:38	06:48
35	1268	Marcos Santos	S4L Medense FC	Senior Masculino	01:08:01	+25:39	06:48
36	1113	Ruben Moreira	Individual	Senior Masculino	01:09:11	+26:49	06:55
37	1108	Nuno Silva	Individual	Senior Masculino	01:09:12	+26:49	06:55
38	1101	João Carvalhosa	Individual	Senior Masculino	01:09:19	+26:57	06:56

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	1103	JOAO VITOR CAMPOS MOREIRA	Individual	Senior Masculino	01:09:26	+27:04	06:57
40	1068	Mário Santos	Gens SC Trail	Senior Masculino	01:09:44	+27:21	06:58
41	1293	Paulo Sousa	Team Anti-Varizes	Senior Masculino	01:09:53	+27:31	06:59
42	1011	Amílcar Sanguedo	Amigos 100 Limites	Senior Masculino	01:11:02	+28:39	07:06
43	1107	Nuno Pereira	Individual	Senior Masculino	01:11:10	+28:48	07:07
44	1067	João Silva	Gens SC Trail	Senior Masculino	01:11:18	+28:56	07:08
45	1291	Nelson Dias	Team Anti-Varizes	Senior Masculino	01:11:38	+29:16	07:10
46	1289	António Barros	Team Anti-Varizes	Senior Masculino	01:12:31	+30:09	07:15
47	1304	José Carlos Pereira Silva	unstoppable team	Senior Masculino	01:12:44	+30:21	07:16
48	1290	Antonio Vaz	Team Anti-Varizes	Senior Masculino	01:13:18	+30:56	07:20
49	1292	Nuno Moreira	Team Anti-Varizes	Senior Masculino	01:13:57	+31:35	07:24
50	1288	MIGUEL PACHECO	TARTARUGAS VELOCISTAS	Senior Masculino	01:14:47	+32:25	07:29
51	1206	Rui Santos	Leões de Tardariz Trail	Senior Masculino	01:15:17	+32:55	07:32
52	1095	Emanuel Damaso	Individual	Senior Masculino	01:15:21	+32:59	07:32
53	1102	Joao Mendes	Individual	Senior Masculino	01:15:54	+33:32	07:35
54	2228	Vitor Santos	Xtrilhosteam	Senior Masculino	01:16:56	+34:34	07:42
55	1066	Igor Miguel Carqueja Gama Santos	Gens SC Trail	Senior Masculino	01:17:06	+34:44	07:43
56	1212	André de Azevedo	Lobos da Montanha	Senior Masculino	01:18:08	+35:46	07:49
57	1294	Tiago Carneiro	Team Anti-Varizes	Senior Masculino	01:18:48	+36:26	07:53
58	1306	Vitor Carvalho	Xtrilhosteam	Senior Masculino	01:21:17	+38:55	08:08
59	1220	Telmo gondar	Motores da montanha	Senior Masculino	01:23:33	+41:11	08:21
60	2187	Tiago Salgueiro	Moto Runners	Senior Masculino	01:25:59	+43:37	08:36
61	1295	Ricardo Manuel Branco Silva	Titan Runners	Senior Masculino	01:26:49	+44:27	08:41
62	1285	ANTÓNIO SILVA	TARTARUGAS VELOCISTAS	Senior Masculino	01:27:15	+44:52	08:44
63	1286	BRUNO GONÇALVES	TARTARUGAS VELOCISTAS	Senior Masculino	01:27:16	+44:54	08:44
64	1287	JOEL PEREIRA	TARTARUGAS VELOCISTAS	Senior Masculino	01:27:16	+44:54	08:44
65	1037	Nuno Oliveira	Chapéus De Palha	Senior Masculino	01:27:34	+45:12	08:45
66	1270	Pedro Soares	S4L Medense FC	Senior Masculino	01:31:03	+48:41	09:06
67	1271	Rui Alves	S4L Medense FC	Senior Masculino	01:33:57	+51:35	09:24
68	1267	Marco Oliveira Zamalek	S4L Medense FC	Senior Masculino	01:33:58	+51:36	09:24
69	1111	Rafael Silva	Individual	Senior Masculino	01:36:05	+53:43	09:37

Sub 23 Feminino

1	1120	Cristiana Campos	Individual	Sub 23 Feminino	01:26:44	+44:22	08:40
2	1121	Maria Inês Correia	Individual	Sub 23 Feminino	01:54:51	+01:12:29	11:29

Sub 23 Masculino

1	1122	Diogo Francisco Pereira Soares	Individual	Sub 23 Masculino	52:56	+10:34	05:18
2	1072	Leonel Neves	Gens SC Trail	Sub 23 Masculino	56:11	+13:48	05:37
3	1124	Ricardo Vieira	Individual	Sub 23 Masculino	58:22	+16:00	05:50
4	1071	Jose Pinto	Gens SC Trail	Sub 23 Masculino	01:00:59	+18:37	06:06
5	1123	João Sousa	Individual	Sub 23 Masculino	01:26:10	+43:48	08:37

Mini Trail

10 KM

OFFICIAL RESULT

Veterana F40

1	1273	Susana Silva	S4L Medense FC	Veterana F40	01:06:02	+23:40	06:36
2	1216	Sandra Manuela da Silva	Lusavouga CIDEP Trail	Veterana F40	01:06:36	+24:14	06:40
3	1017	Patrícia Conceição	Amigos 100 Limites	Veterana F40	01:08:36	+26:13	06:52
4	1249	Alexandra Ferreira	Run & Fun	Veterana F40	01:10:09	+27:46	07:01
5	1129	Liliana Loureiro	Os Preguiças Team	Veterana F40	01:15:17	+32:55	07:32
6	1042	LILIANA PINTO	DDT RUNNERS	Veterana F40	01:23:32	+41:10	08:21
7	1232	Joana Couto	Os Finos	Veterana F40	01:31:12	+48:49	09:07
8	59	Vânia Catarina Almeida dos Santos	Gens SC Trail	Veterana F40	01:32:04	+49:42	09:12
9	1128	Elsa Azevedo	Individual	Veterana F40	01:46:01	+01:03:39	10:36
10	1043	NORMA GUEDES	DDT RUNNERS	Veterana F40	01:46:14	+01:03:52	10:37
11	1127	Cristina Gonzalez	Individual	Veterana F40	01:49:16	+01:06:54	10:56
12	1126	Carla Belo	Individual	Veterana F40	01:49:18	+01:06:56	10:56
13	1027	Catarina Ramalho	Black Bulls	Veterana F40	01:54:01	+01:11:39	11:24
14	1299	Carmen Silva	Trilhos e Cadilhos	Veterana F40	01:55:03	+01:12:41	11:30

Veterana F45

1	1208	Maria Jesus	Leões de Tardariz Trail	Veterana F45	01:05:16	+22:54	06:32
2	1135	Lucinda Marques	Individual	Veterana F45	01:08:38	+26:16	06:52
3	1250	Céu Vilar	Run & Fun	Veterana F45	01:11:36	+29:14	07:10
4	1134	Dulce Ribeiro	Individual	Veterana F45	01:14:40	+32:18	07:28
5	1133	Clara Silva	Individual	Veterana F45	01:18:27	+36:05	07:51
6	1002	Rosa Machado	A.R.Sequeirô/Destemidos	Veterana F45	01:23:58	+41:36	08:24
7	1029	Isabel Ferreira	BUDEGUITA RUNNERS	Veterana F45	01:37:48	+55:26	09:47
8	1131	Anabela Pais	Individual	Veterana F45	01:47:11	+01:04:48	10:43
9	1300	Catarina Martins	Trilhos e Cadilhos	Veterana F45	01:55:04	+01:12:41	11:30

Veterana F50

1	1004	Constantina Rocha	adsebolido trail	Veterana F50	01:01:18	+18:56	06:08
2	1077	Margarida Oliveira	GONDOMAR FUTSAL CLUBE	Veterana F50	01:04:55	+22:32	06:30
3	1139	Madalena Gonçalves	Individual	Veterana F50	01:04:56	+22:34	06:30
4	1251	Cristina tininha	Run & Fun	Veterana F50	01:08:29	+26:07	06:51
5	1252	Fátima Fátima	Run & Fun	Veterana F50	01:17:44	+35:22	07:46
6	1209	Salete Martins	Leões de Tardariz Trail	Veterana F50	01:18:48	+36:26	07:53
7	1274	Paula Cunha	S4L Medense FC	Veterana F50	01:20:53	+38:31	08:05
8	1253	Goreti Sousa	Run & Fun	Veterana F50	01:23:58	+41:36	08:24
9	1138	Isabel Vilas Boas	Individual	Veterana F50	01:26:44	+44:22	08:40
10	1137	Carla Regina Moreira	Individual	Veterana F50	01:37:08	+54:46	09:43
11	1140	Vera Gomes	Individual	Veterana F50	01:37:08	+54:46	09:43

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F55

1	1254	Maria Mota	Run & Fun	Veterana F55	01:13:10	+30:48	07:19
2	1143	Maria Teixeira	Individual	Veterana F55	01:15:43	+33:21	07:34
3	1142	Maria Melo	Individual	Veterana F55	01:17:00	+34:38	07:42
4	1058	Flor Ribeiro	gansos	Veterana F55	01:24:54	+42:32	08:29
5	1018	Paula Moreira	Amigos 100 Limites	Veterana F55	01:26:18	+43:56	08:38

Veterana F60

1	1059	Fernanda Santos	gansos	Veterana F60	01:33:05	+50:43	09:19
2	1242	Rosa Bispo	Pernas Obertes	Veterana F60	01:46:37	+01:04:15	10:40

Veterano M40

1	1223	Bruno Rocha	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	48:06	+05:44	04:49
2	1040	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	50:43	+08:21	05:04
3	1230	Antonio Silva	NUTRILLOJA	Veterano M40	51:10	+08:48	05:07
4	1080	Rui Pedro Reis	Hospital Santa Maria Running Team	Veterano M40	52:12	+09:50	05:13
5	1153	Paulo Silva	Individual	Veterano M40	52:13	+09:50	05:13
6	1150	José Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	56:57	+14:35	05:42
7	2037	Bruno Barros	adsebolido trail	Veterano M40	01:01:21	+18:59	06:08
8	1074	Vitor Santos	Gens SC Trail	Veterano M40	01:01:53	+19:31	06:11
9	1032	Pedro Ribeiro	CART RUNNING TEAM	Veterano M40	01:02:40	+20:18	06:16
10	1211	Luís Martins	Leões de Tardariz Trail	Veterano M40	01:05:01	+22:39	06:30
11	1023	JOÃO TEIXEIRA	ATHLON RUNNERS	Veterano M40	01:05:18	+22:56	06:32
12	1277	Ivo Oliveira	S4L Medense FC	Veterano M40	01:06:02	+23:40	06:36
13	1022	DENIS QUADROS	ATHLON RUNNERS	Veterano M40	01:08:36	+26:13	06:52
14	1148	Frederico Guimarães	Individual	Veterano M40	01:09:13	+26:51	06:55
15	1152	Nuno Teixeira	Individual	Veterano M40	01:10:21	+27:59	07:02
16	1149	Jose Pereira	Individual	Veterano M40	01:13:27	+31:05	07:21
17	2080	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Veterano M40	01:14:21	+31:59	07:26
18	2117	Bruno Guedes	Individual	Veterano M40	01:15:59	+33:37	07:36
19	1248	Rodolfo Rangel	Rangel Inc	Veterano M40	01:19:16	+36:54	07:56
20	1247	Frederico Rangel	Rangel Inc	Veterano M40	01:19:16	+36:54	07:56
21	1276	Hugo Santos	S4L Medense FC	Veterano M40	01:20:53	+38:31	08:05
22	1151	Luis Tiago Vieira	Individual	Veterano M40	01:21:16	+38:53	08:08
23	1283	António Pinheiro	SIM Summit	Veterano M40	01:22:36	+40:14	08:16
24	1045	RUI SILVA	DDT RUNNERS	Veterano M40	01:23:31	+41:09	08:21
25	1275	Amado Marques	S4L Medense FC	Veterano M40	01:25:51	+43:29	08:35
26	2188	Pedro Salgueiro	Moto Runners	Veterano M40	01:25:59	+43:37	08:36
27	1146	Daniel Oliveira	Individual	Veterano M40	01:31:20	+48:58	09:08
28	1030	Pedro Airoso	BUDEGUITA RUNNERS	Veterano M40	01:37:59	+55:37	09:48

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	1019	Nelson Fernandes	Amigos 100 Limites	Veterano M40	01:43:13	+01:00:51	10:19
30	1241	Paulo Daniel Tavares Soares Correia	Paulo Correia Clinic/4Arrobas&1Quintal	Veterano M40	01:45:53	+01:03:31	10:35
31	1044	BRUNO CARDOSO	DDT RUNNERS	Veterano M40	01:46:15	+01:03:53	10:38

Veterano M45

1	1167	Pedro Gilvaz	Individual	Veterano M45	44:47	+02:24	04:29
2	1007	Alcino Silva	A. D. Amarante Trail Running	Veterano M45	45:40	+03:17	04:34
3	2167	Joao Oliveira	Juventude Cortegacense	Veterano M45	58:06	+15:44	05:49
4	1079	Miguel Teixeira	Gramidense I F C	Veterano M45	59:37	+17:15	05:58
5	1046	JOÃO PAULO CAMPOS	DDT RUNNERS	Veterano M45	01:00:34	+18:12	06:03
6	1163	Nuno Marques	Individual	Veterano M45	01:01:00	+18:38	06:06
7	1168	Pedro González Couto Almeida	Individual	Veterano M45	01:01:41	+19:19	06:10
8	1169	Rui Moreira	Individual	Veterano M45	01:02:55	+20:33	06:18
9	1226	Ricardo Dias	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:03:33	+21:11	06:21
10	1280	Pedro Ferreira	S4L Medense FC	Veterano M45	01:03:35	+21:13	06:22
11	1158	Francisco da Rocha Soares	Individual	Veterano M45	01:04:02	+21:40	06:24
12	1166	Pedro Carvalho	Individual	Veterano M45	01:04:35	+22:12	06:28
13	1048	PAULO FERREIRA	DDT RUNNERS	Veterano M45	01:06:09	+23:47	06:37
14	1159	Joaquim Pacheco	Individual	Veterano M45	01:06:10	+23:48	06:37
15	1257	Zé Pedro	Run & Fun	Veterano M45	01:08:29	+26:07	06:51
16	1256	MIKE MIKE	Run & Fun	Veterano M45	01:10:10	+27:48	07:01
17	1160	Luis Filipe Barreiras Rasquinho	Individual	Veterano M45	01:10:56	+28:34	07:06
18	1047	MANUEL OLIVEIRA	DDT RUNNERS	Veterano M45	01:11:36	+29:14	07:10
19	1255	Mário Mário	Run & Fun	Veterano M45	01:12:40	+30:18	07:16
20	1078	Angelo Cabral	Gramidense I F C	Veterano M45	01:13:20	+30:58	07:20
21	1154	Amílcar Castro	Individual	Veterano M45	01:13:31	+31:09	07:21
22	1075	Fernando Paiva	Gens SC Trail	Veterano M45	01:13:36	+31:14	07:22
23	1162	Miguel Azevedo	Individual	Veterano M45	01:16:00	+33:37	07:36
24	1281	Rui Mota	S4L Medense FC	Veterano M45	01:20:54	+38:31	08:05
25	1076	Miguel Bernardino Ferreira Pinto	Gens SC Trail	Veterano M45	01:32:04	+49:42	09:12
26	1031	Jorge Aquaman	BUDEGUITA RUNNERS	Veterano M45	01:37:53	+55:30	09:47
27	1161	Luis Ribeiro	Individual	Veterano M45	01:39:52	+57:30	09:59
28	1157	Filipe Carlos Guerra Ferreira Salazar	Individual	Veterano M45	01:49:01	+01:06:39	10:54
29	1028	Paulo Paiva	Black Bulls	Veterano M45	01:54:02	+01:11:40	11:24

Veterano M50

1	1021	Antonio nunes	Arada atletico clube	Veterano M50	46:40	+04:18	04:40
2	1184	Paulo Silva	Individual	Veterano M50	53:46	+11:24	05:23
3	1282	Joaquim Cunha	S4L Medense FC	Veterano M50	54:35	+12:13	05:28
4	1174	Clemente Teixeira	Individual	Veterano M50	57:44	+15:22	05:46
5	1177	Henrique Silva	Individual	Veterano M50	58:06	+15:43	05:49
6	1173	António Gomes	Individual	Veterano M50	01:00:21	+17:59	06:02



Trail Santa Iria 2022
Gondomar, PT
25-setembro-2022

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	1243	José Pires Lima	Pernas Obertes	Veterano M60	01:46:37	+01:04:15	10:40
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TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	NUTRILOJA	1 + 3 + 15	19
2	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE	7 + 12 + 30	49
3	AMIGOS 100 LIMITES	9 + 32 + 35	76
4	CLUBE DESPORTIVO FEIRENSE	13 + 23 + 59	95
5	GENS SC TRAIL	26 + 27 + 44	97
6	S4L MEDENSE FC	20 + 22 + 62	104
7	ADSEBOLIDO TRAIL	52 + 53 + 147	252
8	DDT RUNNERS	47 + 88 + 130	265
9	RUN & FUN	64 + 102 + 103	269
10	MSS CONTABILIDADE TRAIL TEAM	10 + 66 + 208	284
11	LEÕES DE TARDARIZ TRAIL	77 + 78 + 151	306
12	LUSAVOUGA CIDEP TRAIL	91 + 93 + 156	340
13	TEAM ANTI-VARIZES	118 + 131 + 132	381
14	XTRILHOSTEAM	49 + 161 + 179	389
15	UNSTOPPABLE TEAM	90 + 134 + 189	413
16	CHAPÉUS DE PALHA	25 + 207 + 222	454
17	RANGEL INC	171 + 172 + 173	516
18	TARTARUGAS VELOCISTAS	150 + 202 + 205	557
19	TRILHOS E CADILHOS	63 + 247 + 248	558
20	BUDEGUITA RUNNERS	223 + 224 + 225	672